

What is a Testimony?

A **testimony** is a practice or a principle that the Quakers live by. It is *not* a formal law, and it can change over time if the Quaker society believes it should.

What were some of the Quaker Testimonies?

Testimony of Simplicity

The Quakers aim to live simple lives by paying attention to their inner well being, and not concentrating on their outer appearance. Early Quakers aimed to focus on spirituality and kindness, rather than fancy clothing or expensive belongings.

Testimony of Equality

This testimony reflects the Quaker belief that God created all men equal. In general, the Quakers were against slavery and supported women's rights.

Testimony of Integrity

Quakers are known for being fair in business and for honest in general. Early Quakers did not approve of taking oaths of honesty in court, because it implied that they would not tell the truth otherwise.

Testimony of Peace

The Quakers are known for their belief in non-violence and their rejection of war. Many Quakers were jailed and some were even killed by other settlers during the colonial era.

Analyze your tapestry piece and decide which testimonies it illustrates.